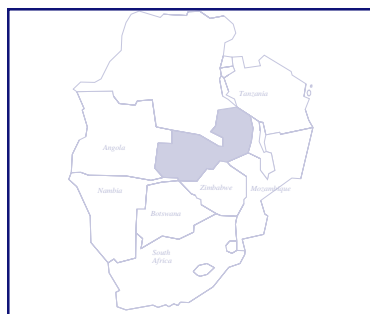


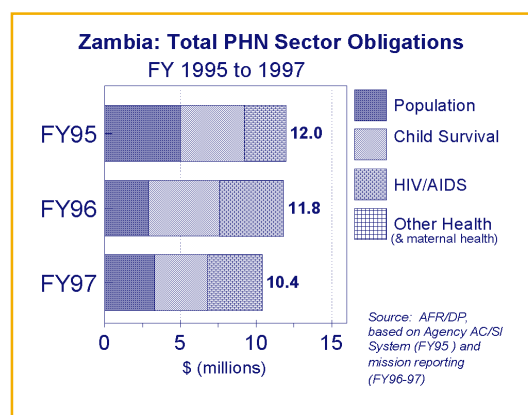
USAID Country Program Brief, October 1998
Family Planning and Health Activities in

Zambia



Population:	9.2 million (1996)
Infant mortality rate:	109 deaths per 1,000 births (1996 DHS)
Adequate nutrition (wt.-for-age):	65% of children age 12–23 months (1996 DHS)
Total fertility rate:	6.1 children per woman (1996 DHS)
Contraceptive prevalence rate:	11.2% (all women/modern methods, 1996 DHS)
Demographic and Health Surveys:	1992; 1996–97
Multi-indicator cluster survey:	1995 (UNICEF)

The Zambia mission is operating under a country strategic plan for 1998–2000 that continues USAID’s commitment to assist Zambia in implementing its health sector reform program and follows specific priorities expressed in USAID’s common agenda with the Government of Japan, particularly in the areas of child survival and prevention of transmission of human immunodeficiency virus (HIV) and acquired immune deficiency syndrome (AIDS). Agencywide funding trends for family planning and health activities in Zambia in 1995–97 are summarized in the figure to the right. The mission’s results framework includes one strategic objective and five intermediate results (IRs) in the population, health, and nutrition (PHN) sector.



Strategic Objective 3: Increase use of integrated child and reproductive health and HIV/AIDS interventions.

IR 3.1: Increase demand for PHN interventions among target groups.

IR 3.2: Increase delivery of PHN interventions at the community level.

IR 3.3: Increase delivery of PHN interventions by the private sector.

IR 3.4: Improve health worker performance in delivery of PHN interventions.

IR 3.5: Improve policies, planning, and support for the delivery of PHN interventions.

Activities in Family Planning and Health

PHN Sector Policy Reform. The mission and its partners support improved policies in health care financing; decentralization of service management to the district level; improving service quality through human capacity development; promotion and standardization of family planning services, adolescent health services, and health information systems; information, education, and communication (IEC) programs; and appropriate responses among policy-makers to the HIV/AIDS pandemic. The mission continues to promote the *Zambian Integrated Health Package (ZIHP)* as an effective and affordable minimum package of integrated services for the people of Zambia and supports the development of neighborhood health committees and nongovernmental organizations (NGOs) as effective means of community participation.

Promotion of Family Planning. The mission’s program helps the Ministry of Health, district services, and private sector partners to enhance quality of care and stimulate demand for family planning. At the national level, the mission and its partners have helped to develop guidelines and standards for family planning services, national training programs and curricula, IEC programs, and social marketing of condoms and pills through Population Services International and the Pharmaceutical Society of Zambia. USAID’s Family Planning Services Project focuses on increasing access through expansion of service delivery points and improvement of referrals, relying on community sales agents, and the formation of peer groups to promote local support for

family planning activities.

Child Survival. USAID complements its support for Zambia's health reform process through support for focused child survival activities by private voluntary organizations (PVOs) and NGOs. The mission has focused on case management training, improving access to malaria drugs and treatment, and facilitating the eradication of polio in Zambia. New areas of emphasis include increasing access to vitamin A and oral rehydration therapy and, through the Common Agenda with Japan, improving immunization, control of epidemics, integrated management of childhood illnesses, and quality of life for orphans and other children in difficult circumstances.

HIV/AIDS Prevention. As the lead donor in the prevention of HIV/AIDS and other sexually transmitted infections (STIs), USAID/Zambia supports behavior change communications programs for specific target groups, increased HIV/AIDS awareness among the general public through the mass media and among policy-makers through presentations modeling the potential impact of HIV/AIDS, increased availability of condoms through a national social marketing program, improved STI control through provision of proper drugs and provider training, and increased availability of HIV testing and counseling. Efforts seek to enlist as broad a spectrum of Zambian society as possible, including traditional healers and employer-based services. The mission also supports efforts to reduce the impact of HIV/AIDS on Zambian society through assistance to AIDS orphans, particularly through Project Concern International, promotion of home-based care for people with AIDS, and development of community-based support groups for people affected by HIV/AIDS.

Global Bureau and USAID/Zambia Joint Planning Activities

Basic Support for Institutionalizing Child Survival supports child survival through development of community and public-private partnerships to facilitate improved local health services and through training to improve the quality of services and health management information systems. Assistance includes an assessment of the cold chain system for immunizations and research on chloroquine-resistant malaria.

Initiatives in Natural Family Planning and Breastfeeding is improving natural family planning and breastfeeding through development of ovulation prediction and detection kits and fertility awareness education.

Pathfinder International increases the availability of information and supplies for family planning and promotes improved service quality through work with NGOs, clinics, and community-based distribution points.

Population Council is conducting operations research aimed at strengthening reproductive health services.

Program for Appropriate Technology in Health/Small Grants Program supports local programs to reduce unsafe abortions and provide postabortion family planning information. The program has also supported national conferences focusing on family planning and abortion.

Quality Assurance Project promotes improvement in the delivery of health services focusing on health worker performance and services that influence the health worker-client interaction. The project provides district-level assessments of the quality of integrated management of childhood illnesses at clinics and hospitals.

Other USAID/Global Bureau projects active in Zambia

AIDS Technical Support Project
Environmental Health Project
Family Planning Logistics Management
HFS/Partners for Health Reform

Population Communication Services (PCS)
OMNI
POLICY Project
SEATS/II

Bureau of Humanitarian Response, Office for Private & Voluntary Cooperation

Child Survival Grantees as of 1998

Adventist Development and Relief Agency is working in the Chipata and Chadiza Districts on family planning, maternal and newborn care, child survival, and HIV/AIDS.

World Vision Relief and Development Inc. operating in the Gwembe/Sinazongwe Districts, addresses child survival issues, maternal and newborn care, and family planning.



This USAID Country Program Brief was prepared for the Human Resources Division, Office of Sustainable Development, USAID Africa Bureau (AFR/SD/HRD), by the Center for International Health Information (CIHI). Questions and comments can be directed to CIHI (info@cihi.com).